



CORNUCOPIA

Grow Grant Outcomes 2022-2023



COMPASS ARTS DELIVERED 14 PROJECTS OVER 12 MONTHS.

2 ART TRAILS. 3 ART EXHIBITIONS. 3 PUBLIC EVENTS.
3 SCULPTURE INSTALLATIONS. 3 SOCIAL ART DIALOGUES.

Compass is a mix of the artistically minded, socially isolated and neurodivergent. We are impacted by unresolved trauma, associated autoimmune conditions, and mental illness.

We encourage expression, using art, poetry and conversation. We focus on selfcare, care of others and care of the environment - both built and natural.

Outcomes are exhibited, performed and published, leading to wider engagement.

We are committed to raising awareness around faulty structures of care that reduce personal, environmental and social equity.



ABCD LEARNING AND OUTCOMES:

- LEAD ARTISTS TO BE BASED AT STUDIOS
- FREE INTERNATIONAL UNIVERSITY
- POETRY SLAMS
- ARTISTIC RESPONSE FROM HAMPDEN PARK STUDIO
- INSPIRING ANGELS' FESTIVAL
- PARTNERSHIP WORK
 - Food Partnership zine
 - St Mary's Parish Church workshop

LEAD ARTISTS WILL BE BASED AT BOTH STUDIOS, TO SUPPORT THE EMERGING ABCD, CO-PRODUCTION OF IDEAS, FOCUS ON INTERDISCIPLINARY PROCESSES AND CURATING OUTCOMES:

THE BEACON, EASTBOURNE CENTRE - CHARLOTTE

At the Big Sparks event, Charlotte offered to volunteer at Compass. She is a visual and performance artist who instinctively understands ABCD. Today she is lead artist at the Beacon Shopping Centre in central Eastbourne and has increased the research and learning at Compass. She brings valuable experience and knowledge having co-founded Waterweek, the environmental arts collective



HAMPDEN PARK – LUCY

Lucy has facilitated conversation and poetry at Compass since 2017. She focusses on the themes arising across Compass. Together with the poetry group, she writes, illustrates and publishes regularly. We are lucky that she has been able to step into the role of lead artist at the newly opened Hampden Park studio where she will be based with painter and fine artist Ben, photographer Sue and culinary artist Mary who manages the allotment in Hydneye.

ESTABLISH F.I.U. - FREE INTERNATIONAL UNIVERSITY

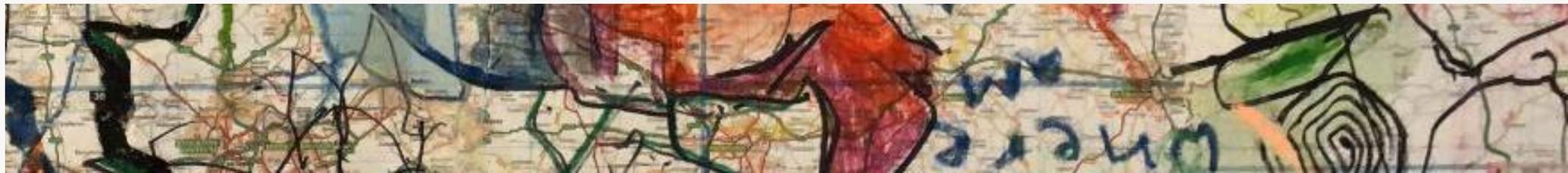


What is a F.I.U.

A FIU is a place to reflect on society. Originating from the artist, Joseph Beuys, and his idea of direct democracy, the aim of the FIU is to help realise the creative potential of all people, to formulate a concept of individual freedom and to give form to social processes.

Who would benefit

The Compass Collective formed in Feb '23: x7 artists (x3 contracted and x4 participants). A symposium was organised, Spring 2023: x16 artists (x3 contracted, x2 volunteer, x11 participant) plus x2 corporate consultants (x1 academic, x1 legal). There is a call to formalise the co-production of higher learning and seminal research. The Symposium ended with a spat between 2 participants. One thought peoples' benefits would be compromised. The other pushed back and said, "Where would women be today without the courage of the Suffragettes? We mustn't let fear get in the way! We are the suffragettes for people like us, struggling". [By that she meant people under secondary care treatment, living in the community, with trauma related disabilities].



POETRY SLAMS

The Compass Poets performed at Pickham's, Summer Trifle Poetry Slam in 2022 and 2023.

Battling nerves, they overcame their anxieties and flourished on the stage.

Lucy Calcott, will continue to develop more performance opportunities.

Josie and Jim Tipler who created the festival, Summer Trifle have offered to put the words to music.

We hope that the Compass free sound music group and The Compass poets will be inspired to work together.



Meme Fay's poem, *Eastbourne*, 2023

One day and night round Hampden Park an immersive experience

Instruction: play audio while observing the sketches

. D. Shailer-Hill

To the Right
Scottish thistle
and
Grapevine grows..
sprouts and
sweetcorn
supported by
wire..

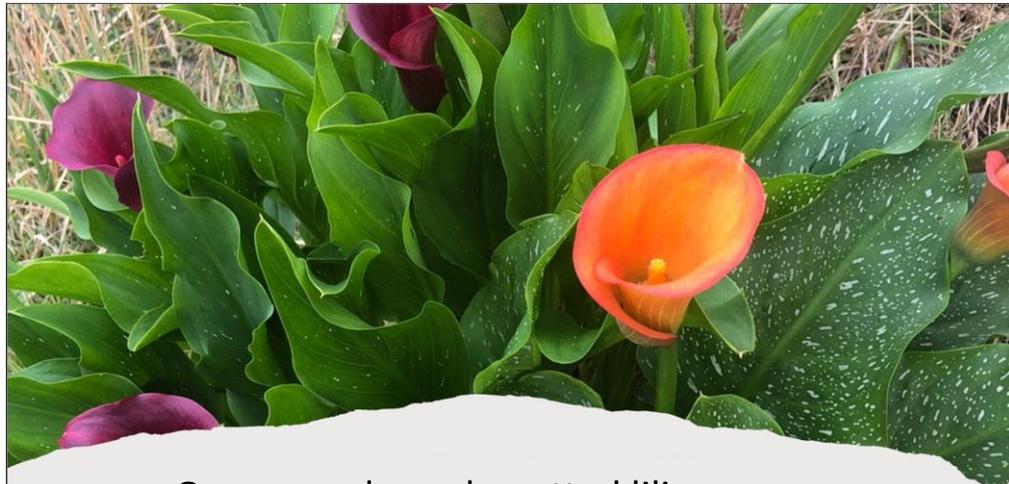


The tomatoes we had this year (3 types grow well in this soil) and apples there is a small shed in sight..I sit and water them until the hose pipe ban kicked in



Picking apples..

A hedgehog haven..



Orange and purple potted lilies

Just a small allotment and a small shed to the left. With a few different flowers, gladioli, a rose wild garlic and spring onion bulbs growing



INSPIRING ANGELS

Below is art and poetry created for the 2022 Inspiring Angels Festival. A popular theme for our artists, we have introduced the festival into our annual calendar. In partnership with the Parish of Hampden Park and Hydneye, we intend to produce a zine of last year's offerings, in advance of the 2023 festival.



Sometimes in the deeper recesses of myself, there is a presence both deeply familiar and unknown.



A figure appears in a doorway illuminating a path ahead



There are angels as big as the universe.
They fill the spaces between planets.



She taught me to reflect.
To be honest and not pretend.



Angels tread softly and are gentle, they are childlike and trusting.

The Artists & Poets who contributed to this page are x3 artistically minded, x3 neurodivergent, x6 trauma related, x1 associated autoimmune condition x2 serious mental illness

PARTNERSHIP WORK

EASTBOURNE FOOD PARTNERSHIP COMPASS POETS AND ARTISTS

Artwork
T. Farman



I used to hunger for the herb in Rapunzel.
The rows of light green lettuce
And mauve broccoli

The fresh basil and parsley .
It's a miracle how small seeds
Buried in Winter

Grow into food by Summer
With a bit of nurturing,
Water, love and sun.

Ripe red tomatoes,
Burgundy onions,
The startling carrots orange

Always a surprise when pulled from the
ground.
Beans rambling up trellises
And the high crop hiding sheaths

Ready to unwrap
Yellow corn clusters , like jewels in the sun.
Then my favourite red strawberries

And raspberries, blackcurrants and
blueberries ,
There is always that feeling of abundance

In a vegetable patch
It doesn't matter if it's a bit weedy.
The butterflies hover,

Robins and blackbirds
Probably hedgehogs and rabbits
But they are more shy.

The soil is always generous.
The garden lush,
The food delicious.



We have been promoting the idea that vulnerable communities can bring benefits to the lives of our wider community and local environments. The Food Partnership responded by asking if we could help illustrate and write poetry for a quarterly zine that they launched this, Summer.

SOCIAL HISTORY AND ART WORKSHOP



Partnership

The 1st workshop delivered with St Marys' and St Peter's. Compass facilitated a 3-hour social history and public art workshop.



Plan

Join a conversation about life in Hampden Park

Share the stories about your family's connection

Discover a fascinating social history

Bring photographs and memorabilia

Create a community chalk drawing

Celebrate where you live

